

Resource Advisor

Anthem[®]Life



What could be better than finding the support you need – without worrying about how much it costs?

In today's fast-paced world, you no doubt feel some stress at home and at work. Anthem Life Resource Advisor is designed to improve your well-being by helping you manage problems before they become an emotional or financial burden.

Need help?

Should you need it, Resource Advisor provides up to three consultations with a legal and/or financial professional at no cost.

You and your family members also get free and confidential access to work/life resources:

- community resources, like weather, events and neighborhood information
- child and elder care provider databases
- consumer education and services on important topics like fire safety
- parenting information and services
- tips on dealing with emotions and advice on handling difficult life events, like losing loved ones
- online financial calculators and tools
- self-assessments
- online will, living will and financial power of attorney preparation assistance and online legal library
- information on dealing with identity theft

Staying connected

We're here when you need us. The telephone consultation and referral services are available

24/7, toll-free from anywhere in the United States. And, of course, the Resource Advisor website never closes, so helpful resources are just a click away!

Face-to-face support services in a time of need

Resource Advisor gives employees with disability coverage three face-to-face sessions with a licensed mental health professional during the six month period after the onset of disability.

If you should pass away, your beneficiaries get three visits with a licensed mental health professional, as well as up to three consultations with a legal and/or financial professional. Beneficiaries can visit these specialists up to six months after their loss.

Accessing Resource Advisor

For free, confidential help 24 hours a day, seven days a week, simply call toll-free (888) 209-7840 or visit www.resourceadvisor.anthem.com.

We think you should know

Because Resource Advisor is for employees, these benefits end at retirement. Also important to note is that each legal/financial consultation must relate to a separate concern.

**FOR EASY ACCESS TO YOUR RESOURCE ADVISOR,
CUT OUT AND CARRY THE WALLET CARD BELOW.**

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Call (888) 209-7840 or visit

**www.resourceadvisor.anthem.com and enter
"anthemresourceadvisor" as the program name.**

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